



## Course Selection – Summer High School Program

Student's Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Email Address \_\_\_\_\_

### Students take three courses:

- Blueprint for Learning Seminar course (with lab)
- Writing course
- Elective course

### Blueprint for Learning Seminar Course (Required)

This course is designed to introduce our students to the science and art of learning. The course will cover such areas as self-understanding, neurodiversity, growth mind set, executive functions, and self-advocacy. Through interactive activities, students will learn skills and strategies that are required in all learning environments. The skills of active reading, note-taking, test taking, and summary writing will be introduced and practiced. Students will consider their own learning styles and challenges as they create a model for effective learning to be applied to their next school experience.

The course will also have a lab component that meets two days and allows students to discuss and practice executive functioning skills (activation, attention, self-regulation, processing speed, working memory, and self-monitoring) and learn about goal setting and self-reflection. During the lab, students will also have structured time to start homework assignments, manage academic emails, and demonstrate new strategies taught in courses.

**NOTE: Social Pragmatic Track** students will have PEERS lessons Tuesdays and Thursdays during the seminar course time. Social coaches will also meet weekly with students to reflect on PEERS curriculum and social interactions.

### Choose Writing Course (Check one)

- ☐ **Writing with Confidence:** For many students, producing writing on a deadline is a challenge. By including creative approaches to writing, students can develop strategies and approaches to increase their success. This course is designed for individuals who find it difficult to generate effective writing in an academic setting despite their efforts to do so.

- **Writing the College Essay:** Writing that is clear, authentic, concise, and persuasive is a general requirement for academic success at the college level, and it is what colleges look for in application essays. Using prompts typically found on college applications, students will formulate, draft, and edit an essay that can be used as a model for their own college application essay.
- **Writing and Research:** For students who are comfortable with the basics of writing essays, this course introduces students to the process and practices expected in college-level writing. Students will learn how to structure and develop research papers with in-text citations and lists of sources. Research & Writing will focus on active reading, information literacy, and research to write research essays.

## Choose Elective Course

### (Write 1, 2, and 3)

Indicate your **first, second, and third** choices.

Course descriptions can be found [here](#)

- \_\_\_\_\_ Digital & Visual Storytelling
- \_\_\_\_\_ Vermont Field Ecology
- \_\_\_\_\_ Introduction to Drawing & Painting
- \_\_\_\_\_ The Creative Writing Workshop
- \_\_\_\_\_ Sports & Culture in our World
- \_\_\_\_\_ Introduction to Film Studies
- \_\_\_\_\_ The Science of Wellness & Mindfulness
- \_\_\_\_\_ Welcome to Theater
- \_\_\_\_\_ Algebra II Preparation
- \_\_\_\_\_ Pre-Calculus Preparation

We make every effort to provide students with their first choice; however, class size is limited. Accepted and deposited students are placed in classes on a first-come, first-served basis.

Please return completed form to: [summer@landmark.edu](mailto:summer@landmark.edu) or

Summer High School Program, Landmark College, 19 River Road South, Putney, VT 05346-8517